

*Reading comprehension requires knowledge –  
of words, and the world.*

[E.D. Hirsch, Jr. 2003](#)

Through this new theme, Abound families will have helped their children learn these important academic words in 2023 –

Individual	usual	focus	accompany	construct
estimate	unite	resource	physical	rely

...and helped their children build knowledge of:

Things/people that go together, musical instruments and the world of music, construction projects and the way things are built, and people and geography on our planet.

**Don't let your child miss out! Start using Abound today.**

**Abound Parenting News**  
**Theme: *Sports & Play* (week 1)**

**Abound WordUp word of the week:**  
**PHYSICAL**

**How was this word chosen?** This is an academic word, the kind of word that takes *lots* of exposures to learn, and that children will need to know to read texts successfully in the years to come.

The Abound app gives your child 7 opportunities to hear and use the week's abstract word. For extra practice, here are 2 more questions about this week's word, **PHYSICAL**.

(**PHYSICAL** definition: *having to do with your body (rather than your mind); an annual medical check-up.*

1. When you wake up in the morning, would you rather do something **PHYSICAL** immediately, like go play outside or go for a walk, or would you rather do that kind of thing later in the day? Why?
2. How do you feel at the end of the day when you haven't had a chance to do something **PHYSICAL**, like riding a bike or going to the playground? How do you feel if you have had lots of time to do **PHYSICAL** things? Which do you prefer?

**This week's featured *TalkOn* question to  
inspire more TALK at home:**

- One way to win at a sport is to get more points (e.g., in basketball, soccer and most ball games). What other ways can you win at other sports?

**The Abound app is being provided free for you to use at home.**

To get access, you have to start at <https://partners.aboundparenting.com/>. Use the code you received from your child's teacher or afterschool staff member & follow instructions to download the app on any iOS or Android device.

Problems or questions? Write to [sue@aboundparenting.com](mailto:sue@aboundparenting.com)